

FOR IMMEDIATE RELEASE

Contact: Nanette Bentley

513-827-7338, NBentley@mercy.com

Mercy Health and The Urology Group are First in Cincinnati to Offer Minimally Invasive Aquablation Therapy for Relief from Enlarged Prostate Symptoms

(CINCINNATI; May 17, 2022) – The Urology Group’s Aaron Bey, MD and Mercy Health – Anderson Hospital announced today that they are the first doctor and hospital in Greater Cincinnati to offer Aquablation therapy for the treatment of lower urinary tract symptoms (LUTS) due to benign prostatic hyperplasia (BPH) or enlarged prostate.

Dr. Bey is a urologist who specializes in robotic surgery, and he also serves as the chief of surgery at Mercy Anderson Hospital. Dr. Bey completed his first three Aquablation cases on May 17 at Anderson Hospital, which invested \$430,000 to bring the technology to Cincinnati. Aquablation is a new minimally invasive, robotic-assisted treatment option for BPH, a non-cancerous condition that affects half of men ages 51 to 60.

BPH symptoms include:

- Frequent or urgent need to urinate, including increased nighttime urination
- Difficulty starting urination
- Weak urine stream or a stream that stops and starts
- Dribbling after urination
- Inability to empty the bladder completely

The incidence of BPH increases with every decade of life and left untreated, it can cause significant health problems, including irreversible bladder or kidney damage, bladder stones and incontinence.



“Today’s available BPH surgical treatments can force men to decide between a high degree of symptom relief with significant risk of complications, or a lower degree of symptom relief with low rates of irreversible complications,” says Dr. Bey. “Aquablation offers a new alternative to treat BPH, even those of large prostate size. It uses the power of water delivered with robotic precision to provide long-lasting symptom relief with low rates of irreversible complications.”

“We are proud to be the first in Greater Cincinnati to offer a solution for men with BPH that provides lasting symptom relief without compromise,” said Anderson Hospital President Ken James. “Aquablation therapy is the next step to furthering our commitment to robotic surgery and men’s health.”

Aquablation therapy is performed by the AquaBeam Robotic System, the first surgical robot the FDA has cleared to treat LUTS due to BPH. It combines imaging, automated robotic technology and heat-free waterjet technology for targeted, controlled and immediate removal of prostate tissue.

Aquablation therapy offers predictable and reproducible outcomes. In clinical studies, Aquablation therapy has shown to provide both best-in-class and durable symptom relief with low rates of irreversible complications.¹⁻³

References:

1. Gilling, P, et al. Three-Year Outcomes after Aquablation Therapy Compared to TURP: Results from a Blinded Randomized Trial. *Can J Urol.* 2020 Feb;27(1):10072-10079.
2. Desai, M, et al. Aquablation for benign prostatic hyperplasia in large prostates (80-150 cc): 2-year results. *Can J Urol.* 2020 Apr;27(2):10147-10153.
3. Bach, T, et al. First Multi-Center All-Comers Study for the Aquablation Procedure. *J Clin Med.* 2020 Feb; 9(2): 603.

The Urology Group is one of the largest single specialty groups of urologists in the United States, with 39 physicians on staff. The Urology Group provides medical and surgical care for all diseases of the urinary tract in men and women and the genital tract of men. Headquartered in Cincinnati, Ohio, with a 55,000-square-foot advanced-care facility, the group includes offices extending from Northern Kentucky to Middletown, Ohio, and from Southeastern Indiana to Adams County, Ohio.

Mercy Health - Cincinnati is part of [Bon Secours Mercy Health](#), one of the 20 largest health systems in the United States and the fifth-largest Catholic health system in the country. The ministry's quality, compassionate care is provided by more than 60,000 associates serving communities in Florida, Kentucky, Maryland, New York, Ohio, South Carolina and Virginia, as well as throughout Ireland. Mercy Health – Cincinnati has been serving Greater Cincinnati for more than 160 years and provides an integrated network of leading physicians, compassionate caregivers, comprehensive services and exceptional care at more than 180 locations across the region. The Mercy Health – Cincinnati network of care includes five award-winning hospitals, senior living communities, primary care and specialty physician practices, outpatient centers, fitness centers and a variety of outreach programs. Mercy Health - Cincinnati hospitals have earned national Truven Health Analytics' 100 Top Hospitals honors more than all other Cincinnati hospitals combined, placing them among the best hospitals in the nation. Truven has also named Mercy Health - Cincinnati as one of the nation's Top 15 health systems six times, which is more than any other health system in Cincinnati. Consistent with its commitment to serve each patient with dignity, Bon Secours Mercy Health provides nearly \$2 million per day in community benefit. The mission of Bon Secours Mercy Health is to extend the compassionate ministry of Jesus by improving the health and well-being of its communities and bring good help to those in need, especially people who are poor, dying and underserved. To learn more visit, [mercy.com](#).

PROCEPT BioRobotics is a surgical robotics company enabling better patient care by developing transformative solutions in urology. With an initial focus on BPH, the AquaBeam Robotic System delivering Aquablation therapy is the first FDA-cleared, surgical robot utilizing automated tissue resection for the treatment of lower urinary tract symptoms due to BPH. Aquablation therapy combines real-time, multi-dimensional imaging, automated robotic technology, and heat-free waterjet ablation technology for targeted, controlled, and immediate removal of prostate tissue. Aquablation therapy offers predictable and reproducible outcomes, independent of prostate anatomy, prostate size, or surgeon experience. For more information visit <https://www.procept-biorobotics.com>.

Important Safety Information: All surgical treatments have inherent and associated side effects. The most common side effects are mild and transient, and may include mild pain or difficulty when urinating, discomfort in the pelvis, blood in the urine, inability to empty the bladder or a frequent and/or urgent need to urinate, and bladder or urinary tract infection. Other risks include ejaculatory dysfunction and a low risk of injury to the urethra or rectum where the devices gain access to the body for treatment. For more information about potential side effects and risks associated with Aquablation therapy, speak with your urologist or surgeon. No claim is made that the AquaBeam Robotic System will cure any medical condition, or entirely eliminate the diseased entity. Repeated treatment or alternative therapies may sometimes be required.